



BEACH VOLLEYBALL LEAGUES!

Starting July 8th 2014

Introducing Hooverball Leagues!!!

9 week summer schedule

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|-----------|----------|-------------------------------|
| MONDAY | 5 PERSON | HOOVERBALL LEAGUE! (see back) |
| MONDAY | 4 PERSON | INTERMEDIATE VOLLEYBALL |
| TUESDAY | 6 PERSON | RECREATIONAL VOLLEYBALL |
| WEDNESDAY | 6 PERSON | RECREATIONAL VOLLEYBALL |
| THURSDAY | 6 PERSON | INTERMEDIATE VOLLEYBALL |

Game Times: 6:15, 7:15, 8:15, & 9:15 pm

LEAGUE FEES

Includes FREE team pitcher of BEER or soda after each match!!

6 PERSON VOLLEYBALL TEAM = \$246

6 Person requires 2 women minimum on court & up to 12 people on roster

4 PERSON VOLLEYBALL TEAM = \$100 - SPECIAL!

No requirement for women.

5 PERSON HOOVERBALL TEAM = \$200

Requires 1 woman minimum & up to 10 people on roster

A \$50 deposit is required by July 1st to hold your Team Spot.

Balance of payment is required by the first game in order to play.

*Each volleyball team must also pay \$9.00 per match for Referee Fees. No ref fees for hooverball
Playoffs are held on the 10th week & awards will be given to the winners!*

Pine Grove Health & Country Club. 4050 Milton Ave, Camillus, NY 13031



WHAT IS HOOVERBALL?!!!

HOOVERBALL is essentially volleyball played with a soft medicine ball. It was played by president Herbert Hoover and his cabinet to stay fit. The med ball is thrown over the net, caught and thrown back. It can be very physically demanding and is a great workout. The official game is played with a 4-6 lb ball but we use 12lb wall balls. Tons of fun and one heck of a workout! Check out our website www.pinegrovecountryclub.com for more info!



pinegrove

health & country club

PO Box 188, Camillus, NY 13031



Summer 2014 League Registration Form

A \$50 deposit received by July 1st is required to reserve a team spot.

Please make checks payable to "Pine Grove" or call 672-8107 ext. 1 with a credit card.

Team Name: _____

Team Captain: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone:(D) _____ (N) _____ (E-Mail) _____

Night you wish to play: _____ Hooverball? _____

Mail To: Pine Grove C.C. Volleyball PO Box 188 Camillus, NY 13031 or call: 315-672-8107 X1